



MENU



 Suitable for Vegetarians  Suitable for Vegetarians/Vegans

If you have a food allergy, intolerance or sensitivity, please let your server know before you order. They will be able to suggest the best dishes for you. Our dishes are prepared in areas where allergenic ingredients are present so we cannot guarantee our dishes are 100% free from these ingredients. Please note there are occasions in which our recipes change, so it is always best to check with your server before ordering. Please note Fish dishes may contain bones. Whilst we take care to remove any small bones or shells from our dishes, there is a small chance that some may remain.



PANKO & SUSHI

www.pankoandsushi.com

SMALL PLATES

MISO SOUP 	3.95	SURIMI	7.50
Traditional Japanese soup, dashi stock, miso, tofu, seaweed, spring onions		Fried crab claw with lemon aioli	
EDAMAME 	4.95	KOROKKE 	6.50
Choose salted or spicy, wok fried with garlic		Pumpkin croquettes with honey miso mayo	
PRAWN KATSU BITES (3 pieces)	8.00	FRIED GYOZA (5 pieces)	6.95
Breaded king prawns, sweet chilli sauce		Fried dumpling with gyoza sauce: Chicken, Pork, Duck, or Veg 	
TAKOYAKI (4 pieces)	7.50	TORI KARAAGE	8.50
Japanese dough balls filled with diced octopus, takoyaki sauce, Japanese mayo and crispy shallots		Bitesize crispy marinated chicken	
WATARIGANI BITES	8.50	Sauce options: Kamikaze (spicy, sweet & sticky), Salt & Pepper or Garlic & Honey	
Crispy battered soft shell crab, kimchi mayo		CHICKEN WINGS	7.50
CHILLI SQUID	8.95	Crispy fried chicken wings	
Spicy marinated squid, sri-racha mayo, sichimi seasoning		Sauce options: Kamikaze (spicy, sweet & sticky) Salt & Pepper Garlic & Honey	
		YAKITORI	8.50
		Marinated grilled thighs skewered	
		Sauce options: Teriyaki or Hot Korean	

POKE BOWLS

avocado, cucumber, pickled red onion, kaiso, edamame beans, sesame seeds, Hawaiian sauce

Teriyaki Chicken 11.95 | Salmon 11.95 | Tuna 12.95 | Tofu  11.95

MESSY CHIPS

House seasoned fries, loaded with home made spicy mayo, garnished with crispy shallots, spring onions and red chilli

Teriyaki Chicken 10.95 | Prawn Katsu 10.95 | Duck 10.95 | Tofu  9.50

Ask for vegan option 

SIDES

Japanese Steamed Rice 	3.00	Katsu Curry Sauce	2.00
Japanese Egg Fried Rice 	4.00	Fries 	4.50
Kaiso Seaweed Salad 	4.95	Salt & Pepper Fries 	6.00

SUSHI TACOS (2 pieces)

SALMON TACOS 8.00 crispy tacos filled with fresh salmon, avocado mango salsa, tobiko	TUNA TACOS 8.50 crispy tacos filled with fresh tuna, avocado mango salsa, tobiko	CRAB TACOS 8.95 crispy tacos filled with fresh crabmeat, avocado mango salsa, japanese mayo, tobiko	PLANT POWERED TACOS  8.00 crispy tacos, seaweed salad, avocado, mango salsa, sesame seeds
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Ask for vegan option 

TACO MIX (4 pieces) 14.50 one of each taco

SASHIMI

raw slices of fresh fish 6 pieces

salmon 8.95 | tuna 10.50 | scallops 10.50
seabass 10.00 | hamachi yellow tail 12.50

Mixed Sashimi 10 pcs (2 pieces of each) 17.00
Mixed Sashimi 20 pcs (4 pieces of each) 30.00

MAKI

nori wrapped sushi rolls cut into bitesize pieces 8 pieces

cucumber 5.95
avocado 6.50
salmon.....7.00
tuna.....7.50

NIGIRI

oval hand pressed Japanese sushi rice with fish or seafood on top 4 pieces

seabass.....7.50	prawn.....8.50	yellowtail..... 10.50
salmon.....8.00	eel..... 10.50	avocado.....6.00
tuna.....9.50	scallop..... 9.50	<i>Ask for vegan option </i>

Nigiri Sharer (12pcs) £20.00 A delicious selection of nigiri, chosen by our chefs.

URAMAKI ROLLS 5 /10 pieces

sushi inside out roll. rice on the outside, nori on the inside

Chicken Katsu Roll <i>cooked</i>	7.95 / 14.95	Crab California Roll	8.50 / 15.95
chicken, cucumber, togarashi, teriyaki sauce		fresh crabmeat, japanese mayo, tobiko	
Spicy Tuna Roll	8.50 / 15.95	Crunchy California Roll <i>cooked</i>	8.50 / 15.95
tuna, cucumber, mango, togarashi, spicy mayo		prawn katsu, avocado, spicy mayo, tempura flakes	
Salmon & Avocado Roll	8.50 / 15.95	Fire Roll	8.50 / 15.95
salmon, avocado, tobiko, japanese mayo		prawn katsu, avocado inside, seared salmon, teriyaki, sesame seeds	
Black Tiger Roll <i>cooked</i>	8.50 / 15.95	Spider Futomaki Roll <i>cooked</i>	8.50 / 15.95
prawn katsu, avocado, sesame seeds, japanese mayo, teriyaki sesame seeds		soft shell crab, cucumber, tobiko, sweet tangy sauce	
Fuji Roll	8.50 / 15.95	Eel Dragon Roll <i>cooked</i>	8.50 / 15.95
spicy tuna, avocado, cucumber, shaved scallion, kimchi mayo, sesame seeds		cooked eel, cucumber, avocado, teriyaki sauce, sesame seeds	
Philadelphia Roll	8.50 / 15.95	Butterfly Roll	8.00 / 15.00
cucumber, avocado, philadelphia cheese inside, topped with salmon and tobiko		salmon, tuna, cucumber inside, sliced avocado, mayo, teriyaki, sesame seeds outside	
Roast Duck Futomaki Roll <i>cooked</i>	8.50 / 15.95	Volcano Roll (5pcs)	12.95
roast duck, cucumber, spring onion, hoi sin sauce		prawn katsu, seared scallop, spring onion, kimchi mayo	
Surf and Turf Roll	8.50 / 15.95	VEGAN URAMAKI ROLLS	
seared beef, prawn katsu, avocado, teryaki sauce, wasabi mayo		Green Dragon Roll 	8.00 / 14.95
Tokyo Rainbow Roll	8.50 / 15.95	inari, cucumber, avocado inside, sliced avocado, sesame seeds outside	
cucumber, avocado, mango on the inside, topped with salmon, tuna, prawn, tobiko		Sweet Potato Roll 	8.00 / 14.50
		sweet potato, peppers, yellow raddish, teriyaki sauce	

PANKO CRUNCHY ROLLS 5 /10 pieces

Top or dunk with your sauce.

Deep fried sushi rolls served with either katsu or cheese sauce

Salmon & Avocado Crunchy Roll	8.50 / 15.95	Prawn & Avocado Crunchy Roll	8.50/15.95
panko breaded sushi roll with salmon and avocado		panko breaded sushi roll with prawn katsu and avocado	
Tuna Crunchy Roll	8.50 / 15.95	Chicken Katsu Crunchy Roll	8.50/15.95
panko breaded sushi roll with tuna, cucumber, mango		panko breaded sushi roll with chicken katsu, cucumber	
Cooked Crab Crunchy Roll	8.50 / 15.95	Golden Tiger Crunchy Roll	8.50 / 15.95
panko breaded sushi roll with cooked crab, avocado		panko breaded sushi roll with prawn katsu, cooked crab and avocado	

TEMAKI coned shaped nori hand roll

salmon & avocado, sushi rice, Japanese mayo	5.00
spicy tuna, sushi rice, spicy Japanese mayo	5.50
prawn & avocado, sushi rice, sweet chilli mayo	5.50
crabmeat, sushi rice, Japanese mayo.....	5.50
avocado, cucumber, mango, seaweed salad, sushi rice <i>Ask for vegan option </i>	5.00

SUSHI SHARING PLATTERS

SOLO SUSHI PLATTER (11 pcs) 15.95

5pcs Crunchy California, 2pcs Salmon Nigiri, 2pcs Tuna Nigiri, 1pc Salmon Sashimi, 1pcs Tuna Sashimi

DATE NIGHT PLATTER FOR 2 (25 pcs) 26.95

10pcs Fire Roll, 6pcs Salmon Flower Sashimi, 5pcs Fuji Roll, 2pcs Salmon Nigiri, 2pcs Tuna Nigiri

SIGNATURE PLATTER (45 pcs) 49.95

10pcs Fire Roll, 5pcs Salmon and Avo Roll, 10pcs Crunchy California, 4pcs Salmon Sashimi, 4pcs Tuna Sashimi, 2pcs Salmon Nigiri, 2pcs Tuna Nigiri, 2pcs Prawn Nigiri, 2pcs Seabass Nigiri

COOKED SUSHI PLATTER (15 pcs) 19.95

Chicken Katsu, Prawn Tempura, Maguro Roll

SALMON SET (21 pcs) 29.95

5pcs Salmon Avocado Roll, 8pcs Salmon Maki, 4pcs Salmon Nigiri, 4pcs Salmon Sashimi

VEGAN PLATTER  (30 pcs) 34.95

10pcs Green Dragon Rolls, 10pcs Sweet Potato Rolls, 8pcs Cucumber Maki, 2pcs Avocado Nigiri

RICE DISHES

KATSU CURRY

Panko breaded served with steamed rice, asian salad and mild Japanese curry sauce

Choose from:

Chicken 13.95 | Prawn Katsu 14.95
Tofu  11.95

CHAHAN

Japanese style fried rice with mix vegetables, egg, sesame seeds

Choose from:

Chicken 12.95 | Pork Charsiu 12.95
King Prawn 13.50 | Salmon 13.50

Chahan Special 14.00

chicken, pork charsiu, king prawns and salmon

TERIYAKI

Grilled teriyaki dishes served with steamed rice, Asian salad and pickled ginger

Choose from:

Chicken 13.95 | Salmon 14.95
Beef 14.95

BLACK PEPPER SAUCE

Stir fried Japanese black pepper sauce with sliced onions, bell peppers, garlic served with steamed rice

Choose from:

Chicken 13.95 | Beef 14.95
Tofu  11.95

RAMEN

CHILLI CHICKEN RAMEN 13.95

Home made broth, chicken, nitama egg, tokyo noodles, kale, kikurage mushrooms, spring onions, chilli oil

GYOZA RAMEN 13.50

Home made broth, nitama egg, tokyo noodles, kale, kikurage mushrooms, spring onions

Choose from:

Chicken | Pork | Duck | Veg 

PORK TONKOTSU RAMEN 14.00

Home made broth, pork charsiu, nitama egg, tokyo noodles, kale, kikurage mushrooms, spring onions

TANTAN RAMEN 13.95

Spicy creamy broth, tokyo noodles, nitama egg, naruto, kale, nori, kikurage mushroom

Choose from:

Chicken | Pork | Tofu 

VEGAN CHILLI TOFU RAMEN  12.95

Home made broth, deep fried crispy tofu, tokyo noodles, kale, kikurage mushrooms, spring onions and chilli oil

VEGAN GYOZA RAMEN  12.95

Home made broth, deep fried vegan gyoza, tokyo noodles, kale, kikurage mushrooms, spring onions

NOODLE DISHES

CHILLI UDON

Spicy wok fried udon noodles, red chilli, mix peppers, red onions, Chinese cabbage, yakisoba sauce, crispy shallots

Choose from:

Chicken 13.95 | Prawn 14.95
Tofu  12.95

YAKISOBA

Wok fried yakisoba noodles, red chilli, mix peppers, red onions, chinese cabbage, yakisoba sauce, crispy shallots

Choose from:

Chicken 13.95 | Prawn 14.95
Tofu  12.95

KOREAN DISHES

CHICKEN KOREAN BAO BUN 9.95

Two soft bao buns, deep fried chicken, cooked in Korean sauce, pickled onion, pickled cucumber and sesame seeds

KOREAN BURGER 12.50

Brioche bun, breaded chicken breast soaked in Korean sauce, asian salad, topped with kewpie mayo, served with chips

SHREDDED CHICKEN KOREAN 12.95

Crispy strips wok fried chicken cooked in our homemade Korean sauce topped with sesame seeds and fresh chillies, served with rice and Asian salad

SHREDDED BEEF KOREAN 14.95

Crispy strips wok fried beef cooked in our homemade Korean sauce topped with sesame seeds and fresh chillies, served with rice and Asian salad

TOFU BITES KOREAN  11.95

Crispy deep fried tofu cooked in our homemade Korean sauce topped with sesame seeds and fresh chillies, served with rice and Asian salad

Service charge of 10% will be applied to your final bill